



### ON TOAST | grain, gluten free or sourdough

Smoked salmon, cream fraiche, cucumber salad, ginger sesame dressing 23  
Avocado and edamame hummus, harissa, grilled haloumi, rocket, walnut dukkah 20

### WAFFLES 19 | 23

Berry compote, lemon cream, meringue, pure maple

### GRANOLA 18 can be made vegan

maple, citrus toasted oats, seeds and nuts, orange honey yoghurt, berries and fresh fruit

### CHILLI SCRAMBLE 24 can be made gluten free

Scrambled eggs, sourdough, pumpkin, peanut chilli crunch, feta, red chilli, pickled red onion, coriander

### THE GARDENER 25 vegan | can be made gluten free

Asparagus, broccolini, avocado, salsa verde, sauerkraut, grain toast, cashew oat butter  
add poached egg +4

### THE CURE 29 can be made gluten free

Pork sausage, streaky bacon, slow roasted tomato, sourdough toast, whipped feta, poached eggs  
add herby spuds +7

### 'SHROOMS 24 gluten free | can be made vegan

Miso mushrooms, feta, pickled red onions, sprunion mayo, herby potatoes, togarashi, micro greens

### CHEESEBURGER 19

Smashed beef patty, burger cheese, T sauce, BBQ mayo, pickles, brioche bun  
add Royale with cheese +5 (bacon, mustard & more cheese)  
add Lettuce and tomato +3 add Fries & bbq mayo +5

### FRIED RICE 21 gluten free | dairy free | can be made vegan

Miso fried brown rice, coriander & cabbage slaw, kewpie mayo, lime, peanut chilli crunch  
add Sticky chicken thigh +7 Chilli fried egg +4 Bang bang eggplant +7

### ZUCCHINI, CHICK PEA & HALOUMI FRITTERS 25 gluten free

Harissa, cucumber & cumin yoghurt, rocket, poached egg

### SUPERDUPER 23 gluten free | vegan

Quinoa, pumpkin, coriander zhoug, cos, chick peas, beans, pickled fennel, miso tahini dressing, pepitas  
add Grilled haloumi +7 Miso mushrooms +6

### ONESIE 14 can be made gluten free

One poached egg, one bacon, one tomato, one butter, one toast, onesie love

### EGGS 'N HOLLY 20 can be made gluten free

Poached eggs, split muffin, green leaves, hollandaise sauce  
add Streaky bacon +7 Miso mushrooms +6 Bang bang eggplant +7

### GOOD EGGS 14 (scramble +2) can be made gluten free

Poached or fried, sourdough, tomato kasundi

### ADD A LITTLE SOMETHING SOMETHING all gluten free

Miso mushrooms +6	Slow roasted tomato +6	Grilled haloumi +7
Streaky bacon +7	Pork and fennel sausage +7	Bang bang eggplant +7
Fries with aioli or vegan mayo +10	Herby potatoes with aioli +7	

We are happy to swap any toast for gluten free toast +2 or green leaves +2

Gluten free, Dairy free & Vegan options are available on request.

**If you have any food allergies, please be sure to tell us so we can help you with your options.**

We do use nuts, gluten, soy, crustacea, dairy, fish, eggs, sesame seeds and lupins in our kitchen.

If you would prefer to pay using contactless or credit card, a 2% surcharge applies to cover bank fees.

# DRINKS

## JUICE

Orange | Apple | Tomato juice 5.5  
Karma Blackcurrant + raspberry 6  
Karma Orange + mango 6  
Karma Apple, lemon, ginger + turmeric 6  
Carrot, orange, apple + ginger 9  
Cucumber, ginger, apple, spinach + lime 9

## SMOOTHIES vegan

### Otis the Cacao

banana, dates, cacao, peanut butter + oat milk 9

### Morning Gorgeous

berries, mango, orange + banana 9

## GOOD SIPS

Chia Sisters Blueberry Gut Health 6.5  
Chia Sisters Orange + passionfruit Natural Energy 6.5  
Workshop Brewing Kombucha 10  
Sidekick Mango shrub soda 8  
Sidekick Plum + Strawberry shrub soda 8

## FIZZ

Karma Cola 6 | Lemmy Lemonade 6  
Gingerella 6 | Sugar free Cola 6  
Almighty Sparkling Water Peach + Ginger 6  
Antipodes Sparkling or Still 9

Iced Coffee | Iced Chocolate | Iced Chai 7.5

# COFFEE

## ESPRESSO COFFEE KAWHE KUTE

Short black Pango poto 4  
Long black Pango roa 4  
Americano Amerikano 4  
Flat white Mowai 4.5  
Silky (long black with cream) 4.5  
Cappuccino Kaputino 4.5  
Latte Rate 5.5  
Hot chocolate Tiakarete wera 5  
Mocha Moka 6  
Cosset chai Rate chai 5  
Lemon honey ginger 4.5  
Golden turmeric latte 6  
Matcha latte 6  
Cacao hot chocolate 6

Proudly serving Rocket Coffee and Dreamview Milk

# BOOZE

## BREWS

Quiet XPA <0.5% Heaps Normal 9  
Bare Beer <0.5% Sawmill 9  
Pilsner 4.8% Sawmill 9  
Swiftly Beer 4.2% Garage Project 9  
Hefeweizen 4.8% 440ml Sawmill 15  
Good Shout Hoppy 4% low carb Garage Project 9  
Chipper Hazy Pale Ale 5% Garage Project 9  
Apple Cider 5.3% Peckhams 9  
Apple Cider <0.5% Peckhams 9

## PLONK

Prosecco JK.14 Italia 12 | 55  
Sauvignon Blanc Koparepare Marlborough 11 | 55  
Pinot Gris Wild Earth Central Otago 13 | 65  
Rose Beachhouse Hawkes Bay 11 | 55  
Primitivo Organic San Marzano 13 | 65

## PICK ME UPS

Bloody Mary 15  
Rum 'n Ginger | spiced rum, ginger ale & lime 15  
Mimosa | orange juice & prosecco 13  
Botanical | zesty lemon gin, cucumber & tonic 13  
Aperol spritz | Aperol, prosecco, soda & orange 15

# TEA

## A POT OF TEA TOTAL 5

english breakfast  
earl grey  
rooibos citrus  
lime green  
peppermint  
mango star  
chamomile

## ADD ON

Otis oat milk .80 NZ grown and made  
Plant milk .80 gluten, lactose & soy free  
Decaf .50  
Vanilla syrup - caramel syrup .80  
Takeaway cup add .50